

# Sophos Email

Enterprise-grade protection for advanced email threats

Sophos Email prevents email threats from reaching your employees' inboxes through multi-layered AI protection, unmatched threat intelligence, and strong identity and domain authentication. It seamlessly integrates with Microsoft 365 and Google Workspace, includes phishing attack simulation and employee awareness training, and provides security teams with exceptional visibility into email threats.

## USE CASES

### 1. Stop attacks targeting your employees' inboxes

**Desired outcome:** Detect and stop phishing and business email compromise (BEC) attacks.

**Solution:** Sophos Email leverages a multi-layered, AI-powered approach with natural language processing (NLP) to detect and stop phishing, BEC, account takeover, and QR-code attacks. Email spoofing attacks are blocked by authentication checks (SPF, DKIM, and DMARC), while URL protection and sandboxing, built-in encryption, outbound DLP, and content-based control round out the solution to neutralize threats.

### 2. Enhance existing Microsoft and Google investments

**Desired outcome:** Advanced threat detection that elevates Microsoft 365 and Google Workspace security.

**Solution:** AI-generated phishing, BEC, and identity-spoofing attacks are increasingly sophisticated, often bypassing built-in security features and putting your employees one click away from compromise. Sophos Email seamlessly integrates with your existing Microsoft 365 or Google Workspace tools, strengthening your security to ensure that no email threat goes undetected.

### 3. Integrated employee awareness training

**Desired outcome:** Train your users to identify and report threats.

**Solution:** Phishing and BEC attacks take advantage of human behavior, deceiving legitimate users into interacting with malicious emails. Sophos Email provides built-in phishing simulation and security awareness training programs to keep users alert to the latest attack techniques, promoting a culture of vigilance and reducing the risk of human error.

### 4. Expert-led response to critical email attacks

**Desired outcome:** Let Sophos security analysts respond to critical email threats on your behalf.

**Solution:** Sophos Email provides comprehensive telemetry to the Sophos Managed Detection and Response (MDR) service, giving Sophos' security analysts exceptional visibility into email threats. When combined with threat signals from endpoints, networks, identities, and other sources, this unified view delivers the full picture of an attack, enabling Sophos' experts to rapidly identify, contain, and respond to attacks on your behalf.

Learn more and start your free trial at [sophos.com/email](https://sophos.com/email)

## RECOGNITION

**Sophos Email rated 4.8/5 with 340 ratings<sup>1,2</sup>**

**Gartner**  
Peer *Insights*..

**Sophos Email named an Overall, Product, Innovation, and Market Leader in KuppingerCole's 2025 Leadership Compass for Email Security**

**kuppingercole**  
ANALYSTS

**Sophos Email blocked more than 99.9% of malware and phishing samples with zero false positives in the Q4 2025 VBSpam test**



<sup>1</sup>Gartner® Peer Insights™ data, trailing 12-months as of February 27, 2026

<sup>2</sup>Gartner®, Peer Insights™, Voice of the Customer for Managed Detection and Response, Peer Contributors, 28 November 2024

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